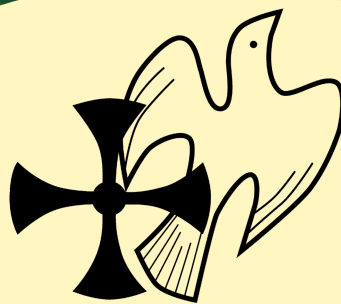


**Saturday, September 13 • 9am - 4pm**



BENEDICTINES FOR PEACE  
ERIE, PA

# Nonviolence Training from a Benedictine Perspective

Across the country and the world, tensions are escalating. What can you do in a moment of crisis, at a local demonstration, or in an ordinary conversation, to lower the volume, remain calm, and create peace?

This interactive workshop will provide practical skills of nonviolence, presented through a Benedictine lens, and grounded in Gospel nonviolence.

This training will be led by Sister Anne McCarthy, Coordinator of Benedictines for Peace and Pax Christi USA Ambassador of Peace.

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**Saturday, September 13  
from 9am - 4pm (lunch included)  
at Mount St. Benedict Monastery  
Suggested donation \$40  
or what you can afford**

RSVP by Sept 5 through the QR Code, or contact  
Michelle Scully [mscully@eriebenedictines.org](mailto:mscully@eriebenedictines.org)

 **Benedictine Sisters** of Erie

