

“GOOD GRIEF”

The Gift of Grief

with

Susan Schorsten, HM

August 2-5, 2026



“Good Grief” – many of us are familiar with the statement “Good Grief” from the Peanuts comic strip. But what is “GOOD GRIEF” and how is grief a gift which needs to be received and opened. Together we will explore what is grief, why and how we grieve as well as the need for personal and communal grieving.




Susan Schorsten, HM is a life long learner and continues to work at integrating her many life experiences. She has served for many years in leadership positions in health care, in the HM religious congregation, and in the Diocese of Charleston, SC. For the last several years she has been serving in retreat ministry, consulting with religious congregations in their planning for the future and has been a volunteer at Her Place, in Rock Hill, SC who have experienced homelessness.

Cost: \$260

Includes: Program, lodging and meals from a light supper on Sunday to lunch on Wednesday



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