



Family

ALMSGIVING

project planner

Adopt a family project to help those in need. Consider using the steps below, one for each of the six weeks of Lent.

Week 1: Identify the need

- Local outreach allows kids to see the direct impact of their efforts, but supporting those in need from a distance is valuable as well.
- Find inspiration from sources like the local newspaper, a social worker, a Catholic Charities employee, or the Church's Social Justice Teachings.
- Discuss the concept of marginalization—who in our community faces it, and why?
- As a family, which human need resonates most deeply with us?

Week 2: Learn about it

Learn more about the group we want to support and their specific needs. Explore books and online resources, visit their community, engage in conversations with them and connect with those already dedicated to serving them.



“How beautiful it would be if the poor could occupy in our hearts the place they have in the heart of God!”- Pope Francis

3. Brainstorm and action plan

How do our family's talents and resources align with the needs of the people we want to help? What actions will we take, and what steps are required? Will this be a one-time event, like a neighborhood food drive, or an ongoing commitment, such as serving a monthly meal at a shelter?

Consider the details:

- Who is involved?
- What needs to be done?
- When will it happen?
- Who should we contact?
- Who else can we invite to join?
- What supplies do we need to gather or prepare?

Let's map out the plan in weeks 4-5 and add it to our calendar!

Weeks 4-5: Ready.Set.LOVE!

here are the steps of our action plan:

Week 6: Unpack the experience

What did we learn about or from the people we helped? Can we relate to their experiences? How do you think Jesus sees them, and how might our act of kindness have impacted them? What makes you believe that?

How did this experience affect us personally? What might Jesus want to tell us about our efforts?

Looking ahead, how will this shape the way we think, speak, act, or connect with others? Giving and serving aren't just for Lent—how can we make this a lasting part of our family's way of life?