

Wellness
Navigating the COVID-19 Pandemic:
Behavioral Health Considerations for Schools

Discussion Topic and Questions to Consider:

Students and staff are not going to come back to school the same as when they left. Required social distancing and other health and safety measures will interrupt the ways in which we have socially connected in the past.

Students and staff will need a balance between structure and support. The school's current mental health identification and support processes (i.e., BLeST, SAP) will need to be amplified to meet the needs of students and staff. Structure and support will allow students and staff to reengage in the learning process and the school community.

Based on what you have learned today:

- How will you modify your current mental health response system to better support your students and colleagues?
- Regarding meeting the social emotional needs of your stakeholders, what do you see as the biggest challenges and how can you overcome them?
- How will you compensate for social distancing and other health and safety measures as it relates to the critical need to ensure relationship building?